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Activity

The newsletter for the
Walking and Cycling Section
of the Camping and Caravanning Club



Again!



Spotted on the Trans Pennine Trail near a Peakland Meet at Carlecotes in September. Hopefully now we have our new name, the photo will not put off potential new members who cycle from joining us! *Sandra Wain*


**The
Camping and
Caravanning
Club**
The Friendly Club

Issue 117 Autumn 2019

TrevMASters' Voice, October 2019.

This is a truly historic edition of Activity; the first since our name has changed from the Mountain Activity Section to the Walking and Cycling Section.

It seems ages ago now that at our last AGM over 82% of those of us who cast our votes did so in favour of the change. Now after successfully passing through all the required stages at the Club our choice has been ratified.

The Club has immediately sprung into action; its Marketing Dept changing our name within days on the display panel and in the Special Interest Sections brochure for the NFOL in Shaftesbury.

By the time this edition of Activity is published the next edition of Camping and Caravanning will be out, with a feature on our name change.

Our next step is to choose a new logo.

This is where you can come in. What ideas do you have for designing a new, eye-catching and appropriate logo based upon W&CS or WACS? Please, please note we do need to keep the & or the A as we do not want to be known as the WCs! Suggested designs should be sent to John Gerner*, our PRO, by 31 December so your council can select the winning design at its next meeting early January. The Club's Marketing Dept will then spring into action to produce it professionally.

The Burnham Trophy. The great news is that Activity has yet again been shortlisted for this award! Toni, once again our editor and our previous winner, should know by the time we go to print whether Melanie Shearn has followed his example and be able to update us. Whether Melanie is the winner or runner up she certainly deserves recognition for her excellent work.

Overall this has been something of a mixed year for our Section. Attendances generally have been excellent. Several new faces have put in appearances, some having heard our new name. All positions on the council and on two of our Areas committees have been filled. Our major concern is that Northern, our original Area, and covering a huge and densely populated part of the country, is struggling to find new and active members who are willing to take on responsibilities. This is a challenge facing so many groups both in the Club and in many other organisations. And yet camping in its many forms, walking and cycling are all hugely popular activities. We can only persist with our efforts to publicise ourselves and do our best to meet their needs when new faces appear .

I hope the coming winter still brings plenty of opportunities for us to get out into this wonderful countryside of ours and I look forward to seeing many of you in a field somewhere in the new year.

Trev Masters

**WALKING AND CYCLING SECTION
FESTIVAL OF WALKING AND AGM 2020
CHURCH FARM, HACKNEY LANE, BARLOW – THS
FROM 30TH APRIL TO 7TH MAY**

Come along and join us on this lovely part of Northern Derbyshire. Barlow is an attractive village near Chesterfield and Sheffield and a good area for walking and cycling. The site is near St Lawrence Church which is a Grade II listed building. There is a bus service into Chesterfield, and there is also fishing nearby.

There are three pubs and a popular café around the village and a short ride or walk will take you to the moors and eastern edges of Derbyshire.

As a child growing up near Barlow, I looked forward to summer picnics in the nearby Cordwell Valley where we picnicked and paddled in the stream. There was also excitement in August when it was Barlow well dressing, Carnival (with mandatory Queen and attendants) and Fun Fair. This still happens every year.

Chatsworth House and Haddon Hall are located not too far away plus Hardwick Hall and Longshaw Estate - both National Trust and Bolsover Castle which is English Heritage.

So come along to enjoy the delights of Derbyshire plus a Ceilidh in the Village Hall on Sunday evening.

From our PRO.....

Now we have changed our Section name we need a new logo and we would like suggestions from members.

Please let me have your suggestions by 31st December 2019 based on the abbreviated forms of our new name W&CS or WandCS.

Section Council will choose a design when they meet in January. The Club's Marketing Department will then use their technical wizardry to turn the winning design into a computer graphic to be used on our new flags and other publicity materials.

John Gerner <john@gerner.co.uk>

Wessex meet at Kilima Farm near Lacock and Chippenham in July.

The farm is on top of a hill, and whichever way we walked or rode out we always had a BIG climb to get back to site. However, the National Trust village of Lacock and the views on the way out were very good and well worth the climbs. While we were there I took advantage of the free labour available and we managed to fix stamps and sticky labels to about 700 envelopes and stuff a copy of Activity into each one ready for posting. My thanks to those who helped! *Toni*



Small wildlife we saw during the walks

The photo below is of Hazel and Andy (Hazel is Peakland Area Treasurer) on their cycle ride on the Saturday. In the background is Great Chalfield Manor House (NT), which was closed at the time so we couldn't pay it a



visit. Hazel planned an interesting route taking in Melksham, Semington Bridge for The Kennet & Avon Canal Tow Path, and Bradford on Avon, where we found a quiet little cafe a short way from the town centre. We returned via Corsham, Lacock and 'that steep hill.'

John H



Martin, Jean and John on top of Sugarloaf Hill, Crickhowell



The Bear Hotel Crickhowell
Judith Vince



Map of a flattish walk at Crickhowell. Judith Vince



Aerial view of Peakland Thorpe meeting from Sally and Brass



Jean trying to recruit new members— she should have gone to Specsavers!



A few shots from the Peakland meet at Marsden N R Grayson

My Ocean Wonderland

9 'til 5 Monday 'til Friday week in week out.... It's time for a change. I know it pays the bills but there must be more to life and so now I look out at the horizon, the only change is movement; the ground is moving under my feet I stagger like a drunk.

The diesel fumes make me nauseous and unwell, the throb of the engine doesn't help. The sun is beating down, I feel too hot, sweaty, lazy and tired, we are there at last and I squeeze myself into my second skin.

We go through a dive plan I am only half listening I'm too hot, my weight belt, air tanks and fins make me too heavy and cumbersome but I go through my safety checks with my buddy and as far as I know all is OK.

I wobble to the rear of the moving deck and look at the cool blue water just feet away, I pop my regulator into my mouth take a breath, the air is cool and clean but a bit dry. I protect my reg, mask and weight belt and with one stride I feel cooler, my real world has gone it's now silent, I am surrounded by champagne bubbles and feel disorientated, slowly they clear I look down into the crystal clear blue waters.

All the weight has gone, peering down I feel like a bird, no - a spaceman - I am now weightless. I am in a world I do not belong to; I'm trespassing. Shafts of light filter down on the desert far below me. I take a long breath out and start to descend, zooming in as if I am behind a camera lens before I crash land I add air to my BCD, an artificial lung, the air is supplied by the tank on my back and it enables me to stop at a depth without floating up or sinking down but should be used with care and control because this is also the air that I breathe and it will shorten my dive time if I over-use it in my BCD. I come to a stop about 1m from the bottom. This is not my world and I do not want to leave any trace that I have been here. I am an alien in this spectacular watery world.

The bottom is sand and looks like a desert, much the same as in our world. The ripples in the sand show me the way the current is running but I managed to stop before disturbing the bottom. I follow this wet flat desert, I fin slowly looking left and right but find nothing of interest. I come to a field of sea grass - there are no cows or sheep here, they are replaced by sea slugs and snails, I spend some time looking for a horse, not the 4-legged type but one that might be as small as my little finger nail, that's right, a pygmy sea horse, I have no luck again. Not many divers do see these creatures; they are so small and very well camouflaged.

Ahead of me the dappled light leads me to a forest; not the trees we have in our world with our seasons of winter, spring, summer, and autumn, but a living city of corals as old as time itself. Stag, branch, fan, brain, table and whip; they are all here vying for space; some form a vast reef, others have made a break for it and form their own micro communities further out in the desert where there is more space. Fish and crustaceans soon begin to inhabit the area and in years to come this will become their own vast city.

Coral organisms compete for space on the reef even fighting and devouring each other. In our own world their descendants formed whole continents and mountain ranges before the water levels dropped; the Yorkshire Dales and the Dolomites are just two examples. Then there are the soft corals swaying in the wind, not the wind in my world but a silent wind in their world, that is another story that could go on forever.

As I gain more depth I lose the light spectrum, colours turning to blue 'n black; I turn on my dive torch, the shafts of light from it begin to return the underwater world back into my own colour spectrum, but I must be thoughtful of where I shine it; how would I like a bright light shone in my face if the boot were on the other fin.

I am now becoming at one with this alien environment, the regular rhythm of breathing and the rasps as I sup air through my regulator and the blub blub as the exhaled bubbles chase each other to the surface. I don't mind these bubbles leaving me, they have done their job giving me the vital oxygen I need to witness this world I have the privilege of being a part of.

Focusing on this unfamiliar landscape, forgive me I mean marine-scape, I notice a pair of eyes studying me. I study back; we cannot communicate, both are thinking fight or flight; we approach each other slowly but we manage to keep within our comfortable boundaries and neither of us do either we are both engulfed by our own individual curiosities, he/or she is faster more agile and knows where to hide. I on the other hand am well fat, not very streamlined and basically well out of my depth. The spell is suddenly broken by the harsh flash of my camera the subject vanishes just as quickly within a blink of an eye I feel guilty and hope I will be forgiven but how else am I to remember this watery world. My ethos is to leave only bubbles and take only photographs, that way when I leave and my bubbles pop into my world it's as if I had never been there.

Looking up there is a living kaleidoscope of colour as fish dart in and out of the forest reef my attention drifts out into the blue. Ocean dwellers cruise past just like city commuters on their way to work. Jacks, tuna, barracuda suddenly darting faster than the eye can follow all that is left are silver scales sinking to the sea bed before the shoal reforms as though nothing had ever happened I suppose that's what you could call fast food - better than a Big Mac any day.

A rock covered in barnacles moves and opens a lazy eye to check me out. It's an air breather like myself and after a short sleep remembers it needs to breath and makes a lazy flight to the surface. The turtle reminds me to check my gauges, my air and time have been stolen; not long now and then I must do the same. My facemask turns into a microscope as I look closely and wonder at the microorganisms. I see the coral move! Coral doesn't move it flashes a warning red, purple, mauve then it puts out a tentacle more to be inquisitive than any thing else; these creatures are the masters of camouflage and if it had only stayed still I would never have noticed it, perhaps it wanted to be noticed we will never know.

All my senses become heightened, this underwater world isn't silent; there are clicks, whistles, taps and beeps. BEEPS BEEPS!!! I need to check my dive computer, my mind wants to stay in this quiet, calm watery world but I am an air breather just like the turtles and need to return to my world.

All of a sudden I realise how cold I have become and so I look to the sky and follow my bubbles. I rise slowly watching my bubbles and my dive computer, it beeps, why can't I ever ascend at the right speed and so I come to a stop and hang in limbo until the magic brain lets me ascend further. At 5m from the surface I hang like a kestrel hovering, watching the computer on my wrist counting down the minutes, this allows the nitrogen that has built up in my blood stream to reduce each time I breath out. I make the most of the extra time, my last precious moments to soak up the wonders of the spectacular watery world, but I must be careful not to sink any lower during this time; I can blow bubble rings, turn summersaults play hangman or even make up stories.

I climb up the ladder onto the boat there are crew there to help me shed my heavy gear. The floor moves under my feet and I stagger like a drunk but this time it's because my brain is still trying to make sense of the wonderful world I have just witnessed. The noise is back, I'm hot and the diesel fumes are making me nauseous as I realise it's back to 9 to 5 until the next time.

Brass Lucas

Caravan manufacturers

The phrases below all relate to popular caravan producers. How many can you find? (Answers on the back page.)

- | | |
|----------------------------------------------|------------------------------------------------------------------------|
| 1. A fast bird | 10. British money |
| 2. A creamy drink usually drunk at Christmas | 11. A 17 th century maritime pirate |
| 3. Almost a boys name | 12. All fine and _ _ _ _ _ |
| 4. A large people carrier – male | 13. A car has four—add one more for this caravan |
| 5. Elf, fairy or pixie | 14. You will need one of these to point you in the right direction |
| 6. Whitby, Tintern for example | 15. Mr Rolls' best friend will deliver a parcel to you in one of these |
| 7. Number one in cards | 16. Of the moon |
| 8. A place near Blackpool in Lancashire | <i>Thanks to Christine Mason</i> |
| 9. A favourite pastime | |

SMARTPHONE USERS

Anyone have plans to go somewhere and stare at their phone this weekend?



Peakland Had a Good Year!!

All Peakland meets have been well supported this season. We had 17 units at Fenny Bentley, 25 at Biggin, 49 for the Easter meet at Ashford-in-the-Water, (shame for our steward and her pitcher to just miss the 50), 16 at 4 Acres, 11 at Winster, 12 at Parsley Hay, 47 for the August Bank Holisay meet at Thorpe and 15 at Dunford Bridge. An interesting fact is that several visitors have joined us more than once, with some going on to join the section. Obviously treating them to coffee and cake is paying off. Can I personally thank all those who have helped at these meets, stewards, walk leaders, those who took cycle rides and everyone who contributed towards the afternoon tea and cakes, without this teamwork our area could not function as it does, very successfully.

Les Morton

Book Corner

The Salt Path, by Raynor Winn,

Crouching in the cupboard under the stairs with her husband Moth, whilst the bailiffs were at the front door waiting to take everything they owned, Raynor found a book bought and read 20 years earlier, Five Hundred Miles Walkies. At this point Ray and Moth decided to walk the South West Coast Path; both 50 years old, they'd lost all their material and financial assets, and Moth had been diagnosed with corticobasal syndrome, a progressive degenerative illness. What else to do?

Armed with Paddy Dillon's *The South West Coast Path: from Minehead to South Haven Point* and its OS map, they set off to do the 630 miles, backpacking.

They could only afford the cheapest mostly second hand equipment and had to live on £30 a week, but it is a fascinating and uplifting read.

Del Masters.



Walking and Cycling Section Officers 2019/20

(Further contact details may be found on the website)

Chairperson W&CS Executive Member (2020)	Trevor Masters (07400703731)
Vice Chairperson W&CS Executive Member (2020)	Barry Cowlard (07770 287434)
President	Andrew Wood (07852040724)
Vice Presidents	Carole Booth (07788197649) Christine Stevenson Terry Bishop Diane Goodyear (07761949896)
Secretary W&CSExecutive Member (2019)	Christine Mason (07751312330)
Treasurer W&CS Executive Member	Jenny Williams (07984003348)
PRO/Website Co-ordinator Elected Member (2019)	John Gerner (077348852656)
Membership Secretary Elected Member (2017)	Les Morton (07967900225)
Minutes Secretary	Sandra Wain (07503000568)
Newsletter Editor Elected Member (2019)	Toni Busuttill-Reynaud (07762326340)
Webmaster	Adrian Rose
Other elected Members to Section Council (2019)	Yvonne Plevey (07413293198)
Also W&CS Executive Member (2019)	John Allen (07505906849) Barry Cowlard (07770 287434)
Advisory Officer to National Council	Les Morton
Deputy Advisory Officer (2018)	Barry Cowlard
Representatives to Section Council Northern Area	Vacancy
Peakland Area	Jean Morton
Wessex Area	Deb Masters (07765 040211)
Area Secretaries Northern Area	Jean Richards (07964902612)
Peakland Area	Sandra Wain (07503000568)
Wessex Area	John Gerner (077348852656)
Section Forum Reps	Trevor Masters, Debs Masters and Barry Cowlard
National Council Rep. to W&CS	Steve Harris (07567183893)

The Burnham Trophy

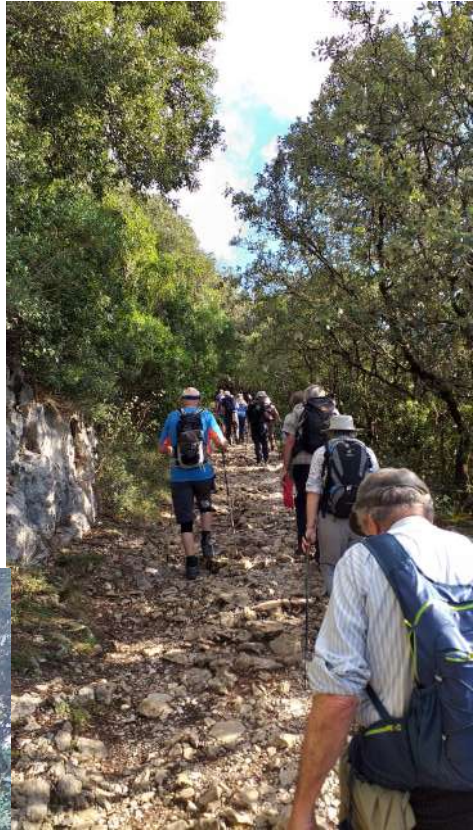
Congratulations to Melanie! Her superb work on Activity has netted her a well deserved win of the Burnham Trophy. For the magazine to win this trophy twice in four years speaks well for the quality and amount of information sent in by the Section members, and Melanie's skills in presenting that information.



Walking in Spain

We had a walking holiday in the north of Spain with SAGA. It was a good group, and we had walks generally of 8 miles or so. It covered flat ground, long climbs, steep climbs and drops, and a bit of town walking for access to the countryside. The scenery was varied, and so was the weather!! A good week walking altogether.

Toni





W&CS PEAKLAND AREA 2020 Meets List

Please check the W&CS Website or the current month's Out and About, or by contacting site officers or stewards 2 days before travelling. There is also extra information about each meet on the website. Meets start at 4.00pm. Own sanitation is essential. Advance booking not required unless otherwise stated.

DATES	VENUE	MAP REF	STEWARDS
Fr 20th to Sun 22nd MARCH	Broomhill Farm, Butterfield Lane, Brackenfield DE55 6AN Pre AGM Meet	119/375589	CHRIS & CLAIRE 07492-087747
Th 2nd—Su 5th APRIL	Ashover Show Ground S45 0BA PEAKLAND AGM	119/351632	DON & JANE 07969-468922
Th 9th- Tu14th APRIL	Four Lane Ends, Darley Dale DE4 2GL INVITE FROM CHESTERFIELD DA EASTER MEET	119/268627	CHESTERFIELD DA SEE THEIR WEBSITE FOR DETAILS
30th APRIL- Tu 7th MAY	Church Farm, Hackney Lane, Barlow S18 7TR SECTION AGM	119/344748	COMMITTEE LES 07967-900225
10th -12th MAY	NCR AGM West Midlands Show Ground		NCR
Th 21st- Tu 26th MAY	Eastnor Castle, Eastnor, Ledbury, Herefordshire HR8 1RL SPRING BANK HOL	149&150/7333 69	ROBIN & ELAINE 07962-107983
11th to 16th JUNE	Summerlands Caravan Park, Salisbury, SP5 4LP INVITE FROM WESSEX	184/110234	WESSEX
Tu 23rd-Su 28th JUNE	Matlock Rugby Club, Cromford DE4 3RQ INVITE TO WESSEX	119/303568	PETER 07949-449162
Tu 14th-Su 19th JULY	Wern Farm, Cwdu, Crickhowell, NP8 1RT	161 & OL13/ 180240	CINDY 07402-918205
Th 30th JULY Su 2nd AUG	Dowall Hall Farm, Glutton Bridge, Longnor SK17 0RW	119/176675	LIBBY & IAN 07957-172434
We 12th-Su 16th AUGUST	Swythamley & Heaton Community Centre, Gun End, SK11 0SJ BOOKED MEET	118/979643	COLIN & YVONNE 07413-293198
Th 27th AUG- Tues 1st SEPT	Carrog Station, Corwen LL21 9BD (Use for SAT NAV) BANK HOL/ INVITE TO NORTHERN	125/117435	CINDY 07402-918205

DATES	VENUE	MAP REF	STEWARDS
Th10-Su13 SEPT	Thorntree Farm, Uppertown, Ashover S45 0JF	119/320653	MARK & AMANDA 07772-364835
Tu22-Su27 SEPT	Golden Gates Camp Site, Chatsworth Park DE45 1PP BOOKED MEET	119/261723	ROGER & SANDRA 07503-000568
Th 8th-Su 11th OCT	Cloverfields Farm, Kniveton, Nr Ashbourne DE6 1JF	119/198492	COLIN & SANDRA 07948-560571
Fr 30th OCT- Sun 1st NOV	The Green, Main Street, Chelmorton SK17 9SL END OF SEASON	119/113701	GRAHAM & CHRISTINE 07840-267102

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W&CS WESSEX 2020 Meets List

Please check the W&CS Website or the current month's Out and About, or by contacting site officers or stewards 2 days before travelling. There is also extra information about each meet on the website. Meets start at noon unless stated otherwise. Own sanitation essential. Wessex Area levy, £1 per adult per meet.

Date	Site	CS No. & Map Ref.	Stewards
12 -17 March Booked Meet	Hereford C&C Club site, HR1 4JA	149/625411	John and Polly 07734 852656
26 -31 March Booked Meet	Cheddar Mendip Heights C&C Club site BA5 3BP	182/523518	Trev and Deb 07765 040211
09 -14 April AGM and buffet	Duncton Village Hall & Recreation Ground, Petworth, , GU28 OJY	197/956182	Bob & Joyce and Committee 07968 070169
23 -28 April	The Swallows, Cleeve House, Seend, Wilts SN12 6PG	CS1571 173/936604	Hilary & Mike 07745 566694.
FoW&C & Section AGM 30 April -7 May (7 day THS)	Church Farm Hackney Lane, Barlow, Derbyshire, S18 7TR.	119/344748	Peakland Committee. Contact Yvonne 01629 581049 or 0741 3293198

W&CS WESSEX 2020 Meets List continued

Date	Site	CS No. & Map Ref.	Stewards
7 -12 May (Wessex follow- on from	Little Brangwells, Redmarley d'Abitot, Gloucs, GL19 3JQ.	150/764300	Ann and Terry 077905 92648
21 -26 May	Wood Farm, Emberton, Olney, Bucks, MK46 5JH.	152/900485	Toni and Annette 07762 326340
11 -16 June	Summerlands Caravan Park Rockbourne Rd, Coombe Bissett, Salisbury, SP5 4LP.	184/110234	Sandra 07844 837386
25 -30 June Invite from Peakland	Matlock Rugby Club, Mill Rd. Cromford, Derbyshire, DE4 3RQ.	119/303568	Peter (Peakland) 07949 449162
9 -14 July	Cherry Tree Farm, Woodford Halse, Daventry, NN11 3SB.	CS926 152/557517	Rae, 01295 267463 or 07773 953424
23 -28 July Birthday bash for Jenny et al	Camerton Village Hall, Camerton, Meadgate, Bath, BA2 0NL.	172/679585	Jenny, 01702 216265 or 07984 003348
13 -18 August	Seven Acres, The Camp, Stroud, GL6 7EU.	CS795 163/897098	Derek and Lesley 07443 899885 or 87443 841560
27 August -1st Sept	Folly Farm, Common Rd, Beckley, Oxfordshire, OX3 9UR.	CS954 164/555108	Barry and Rosemary 01491 838707
10 -15 Sept	Ebdon Bow campsite, Wick St Lawrence, Weston super Mare, Somerset, BS22 9NZ	182/365654	Lindie and Mick 0781 1883552 or 07724 833091
24 -29 Sept	Rectory Farm, Lawn Rd Ashleworth, Gloucs, GL19 4JL.	CS785 162/803263	Toni and Annette 07762 326340
8 -13 October Booked Meet	Graffham C&C Club site, GU28 0QF.	197/941187	John and Anne 07961 198884
22 -27 October Booked Meet	St Neots C&C Club site, PE19 2PR.	153/182598	Tricia 07753 613180

W&CS NORTHERN AREA 2020 Meets List

Please check the W&CS Website: www.walkingandcycling.org.uk or the current month's Out and About, or by contacting site officers or stewards 2 days before travelling. There is also extra information about each meet on the website. Meets start at 4.00pm. Own sanitation is essential. Advance booking not required unless otherwise

Dates, nights and Map Ref	Site name and Address	Stewards contact	notes
19-22 March 3 nights 103/973518	Auction Mart Gargrave Road Skipton BD23 1UK	John /Kathryn 01943 462921	AGM Saturday 7.00pm
9 – 14 April 5 nights 097/476788	Carr Bank House Hazelslack, Arnside LA7 7LG	NELDA See O&A	THS 3-19 April
30 Apr – 7 May 7 nights 119/344748	Church Farm Hackney Lane, Barlow S18 7TR	Peakland See O&A	Section AGM
14-18 May, 4 nights, 098/780691	Woodend Farm, Austwick LA2 8DH	Nelda See O&A	Invite from Nelda
21- 31 May 10 nights 089/088023	Kemplerigg Gosforth CA20 1JD	Steve/Lesley 07551199818	THS
9-14 July 5 nights 090/228224	Castlerigg Farm Keswick CA12 4TE	John/Jane 07768921192	
30 July-4 Aug 5 nights 098/818647	Lodge Barn Langcliffe, Settle BD24 9LT	Ian/Christine 07454652002	Pre SAGM meet in 2021
13-18 Aug 5 nights 100/753890	Bank Top Farm Cropton, Pickering YO18 8HH	Geoff/Carole 07788197649	
27 Aug -1 Sept 5 nights 125/117435	Carrog Station Corwen LL21 9BD	Peakland See O&A	Invite from Peakland
10 – 15 Sept,5 nights.98/969722	Low Hall Farm, Kettlewell BD23 5RB	John/Jane 07768921192	
24-28 Sept 4 nights 097/525646	Elm Grove Field Caton, Lancaster LA2 9HX	Chris/Colin 07968226598	
16-19 Oct 3 nights 099/099733	Studfold Farm Lofthouse Pateley Bridge HG3 5SG	Dave/Viv 07949649232	No facilities

Editor's bit

Hello All,

A goodly set of pictures for this issue— My thanks to all those who sent them in. For those who wish to contribute to future editions, my email address is tonibr@btinternet.com - please feel free to send anything there.



13. 5 th wheel company	9. Hobby	5. Sprite	1. Swift
14. Compass	10. Sterling	6. Abbey	2. Bailey
15. Vanoyce	11. Buccaneer	7. Ace	3. Adria
16. Lunar	12. Dandy	8. Fleetwood	4. Coachman

SMARTPHONE USERS

I STILL HAVE A LANDLINE.

**OR AS I LIKE TO CALL IT,
"A CELL PHONE FINDER."**

AND FINALLY.....

Remember there are other ways to get a copy of Activity. It's on the Web at www.walkingandcycling.org.uk /Activity, from where you can read it directly, or better still download it, print it off (follow the simple instructions given at the top of the web page) and share the copy around between family and friends. If you don't have a computer, you can register with me to get a paper copy. Send your name, address and membership number to the new editor, and you will be added to the list. Also, if you let your area secretary have your email address, you will get a reminder when the latest edition has arrived on the website.